

# Featured Volunteer Activity:



## What is Easterseals?

- Easterseals provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities, military, veterans and their families, can live, learn, work and play in our communities.

## How can I help?

- Engage with Easterseals DC MD VA through multiple VIRTUAL volunteer opportunities provided on the Goodness Platform:
  - Nutrition Education
  - Meal Prep/Cooking Demos
  - Mock Job Interviews
- Find out how you can engage in opportunities being hosted by your local Easterseals chapter: [Easterseals | Volunteer](#)



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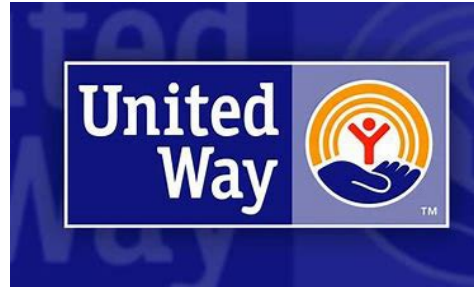
## What is Food Finder?

- FoodFinder is an **online & mobile app food pantry locator** that shows you when and where to get free food assistance in your area.
- They serve communities across the U.S. by connecting the people looking for emergency food to the providers who offer it.
- Check out FoodFinder online: [FoodFinder | Find Food Pantries Near You | Quick & Accurate Locator](#)

## How can I help?

- Engage with FoodFinder through a VIRTUAL volunteer opportunity provided on the Goodness Platform:
  - Help expand FoodFinder's national network by researching and "bringing" local food pantries directly to their [website](#)

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## What is United Way?

- United Way’s mission is to improve lives by mobilizing the caring power of communities around the world to advance the common good.
- United Way’s focus is on **education**, **income** and **health**—the building blocks for a good quality of life and a strong community.
- “What Is United Way?” [video](#)

## How can I help?

- Some activities include literacy, health, financial and tax guidance, elderly care, etc.
- Engage in one of many activities being hosted by your [local United Way](#) office.



# Follow Stop Hunger

**Website:** [HelpStopHunger.org](https://www.HelpStopHunger.org)

**Twitter:** [@StopHungerUSA](https://twitter.com/StopHungerUSA)

**Facebook:** [SodexoStopHunger](https://www.facebook.com/SodexoStopHunger)

**Instagram:** [SodexoStopHunger/](https://www.instagram.com/SodexoStopHunger/)

**YouTube:** [SodexoStopHunger](https://www.youtube.com/SodexoStopHunger)

[www.HelpStopHunger.org](https://www.HelpStopHunger.org)



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